

HEALTH OFFICE GUIDELINES AND GENERAL INFORMATION

We all want our children to have good attendance and we hope our children are healthy so they will have few absences. There are some occasions, however, when children need to stay home. These guidelines are designed to protect the health of all children.

1. If a child is sent home with a fever, he/she is expected to remain home a full 24 hours fever free (without use of fever reducing medication) before returning to school. Those students with 100.0 degree temperatures will be sent home.
2. If a child vomits during the night or in the morning, please do not send him/her to school. If a student vomits &/or has diarrhea in school, we will call you to pick up your child.
3. If a child has been diagnosed with strep throat, state law requires he/she must be on medication for 24 hours before returning to school.
4. If a child has been diagnosed with conjunctivitis (pink eye), he/she must be on medication for 24 hours before returning to school.
5. Chicken Pox requires the child to be home until all areas are scabbed and dry. Clearance from the school nurse is necessary before the child can re-enter the classroom.
6. If a child needs to be excused from physical education for more than one day, a note from the physician or nurse practitioner is required. It should list the diagnosis and the duration of the excused gym or limitations. A copy will be given to the lead & physical education teacher.
7. For safety reason, parents should notify the school nurse if a child is on crutches, has a cast, ace bandage or a brace. A doctor's note should state these item(s), period of time they will be used & the diagnosis. See above regarding exclusion or limitation of physical education.
8. For your child's comfort during the healing process especially for surgery or broken bones, it is recommended that an analgesic medication order from the physician be written to allow administration during school hours. The parent/physician medication form is available on request and available on HoLa's website.
9. **No medicines can be administered to students unless both the physician and parent complete the medication authorization form (this form is on HoLa's website).** The medication also must be in the original container.
10. As mandated by the New Jersey Department of Health, Kindergarteners need their immunizations up to date and 6th graders need to have their Tdap and Meningococcal administered. Failure to do so before the beginning of the school year will result in the student being excluded from school.

General hygiene practices should be maintained daily. Students in K-2nd grade should have an extra set of socks, underwear, tops & pants for the occasional "accidents."

All unidentifiable rashes, skin eruptions or unusual markings must be diagnosed by a physician with return note to the Health Office.

Students with special care needs must have new physician medical orders & an Emergency Care Plan every new school year. These include those diagnosed with asthma, food allergies, diabetes or seizures. All Epi Pens & inhalers/nebulizer treatments must be in their original container, and non- expired. Students are legally permitted to carry the Epi Pen, asthma inhalers & insulin at the written consent of the physician only. All medications must be picked up by the parent the last days of school.

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